

NHSSCOTLAND
SUSTAINABILITY
CONFERENCE
2019

#NHSSUSTAINABILITY



SUSTAINABILITY
ACTION

ONE
CHANGE



Our NHS Our People Our Planet

**A CLIMATE CHANGE AND
SUSTAINABILITY STRATEGY
FOR 2020 AND BEYOND**

**24th September 2019
10:00 to 16:15**

COSLA Conference Centre
Verity House, 19 Haymarket Yards
Edinburgh EH12 5BH





AGENDA

9:00-10:00
Registration

10:00-10:10
Welcome

Elizabeth Vander Meer, Climate Policy Manager,
Department for Social Responsibility and
Sustainability, University of Edinburgh

10:10-10:35
Keynote Address

Malcolm Wright, Director,
General Health and Social Care and
Chief Executive NHSScotland

10:35-11:00
**Transitioning Health Systems
to Sustainability**

Dr Fiona Adshead, Expert Advisor on Wellbeing,
Sustainability and Public Health

11:00-11:25
**Getting to Zero – The Challenges
and Opportunities of
Climate Change Action**

Dave Gorman, Director of Social Responsibility
and Sustainability, University of Edinburgh

11:25-11:40
Q & A

11:40-12:00
Tea / coffee break

12:00-13:00
Morning Breakout Sessions

13:00
Lunch, Exhibition and Networking

14:00-14:25
**A Climate Change & Sustainability
Strategy for NHSScotland:
Setting the Scene**

Rebecca Campbell, Public Health Registrar,
Scottish (Managed) Sustainable Health
Network (SMaSH)

14:25-16:00
**Afternoon Workshop –
Gathering your Views**

Facilitated by Mark Wilson, Learning &
Development Manager, NHS National
Services Scotland

16:00-16:15
Summing Up and Next Steps

Kate Dapr , Head of Energy & Sustainability,
NHS National Services Scotland



MORNING BREAKOUT SESSIONS

1.

GOVERNANCE & POLICY TOWARDS A 'NET ZERO' NHS

Caledonian (Ground Floor)

This session will consider how NHSScotland can transition towards becoming a 'net-zero' emissions organisation. Existing emissions reduction case studies will be discussed to ascertain whether these could be replicated across other areas of the NHS. The concept of 'net-zero' in a healthcare context will be considered and key questions discussed: What should be included when measuring NHS emissions? How can we measure the impact of our supply chain? Should the NHS be off-setting residual emissions, and what form of off-setting would be acceptable?

Presenter(s):

Kate Dapr , Head of Energy and Sustainability, NHS National Services Scotland

2.

OUR NHS GREENSPACE, NATURE & BIODIVERSITY

Burns 1 (1st Floor)

It is well known that being outside in nature is proven to reduce stress, instil a sense of calmness and is essential to our happiness and overall health and well-being. This session will explore what is happening across the NHS – and in partnership – to promote the benefits of being out in green spaces and nature and to make stronger connections between health services and use of the outdoor environment.

Presenter(s):

Vicki Trim, Green Health Partnership Manager, NHS Lanarkshire and Elaine Caldwell, Public Health Program Lead, NHS Ayrshire & Arran



MORNING BREAKOUT SESSIONS

3. OUR PEOPLE HEALTHY COMMUNITIES

Scott 1 (1st Floor)

There are known links between fuel poverty and health with existing evidence suggesting that those living in cold, damp and energy-inefficient homes can be at risk of negative outcomes in both physical and mental health. This session will consider the findings of an ongoing evaluation which is investigating the impacts of energy-efficiency improvements on the health and well-being of the occupants. The study began in 2015 and is being conducted by the Energy Agency partnership with NHS Ayrshire and Arran and local authorities in the South West of Scotland.

Presenter(s):

Liz Marquis, Director,
Energy Agency and
Cassandra Dove,
Research Officer,
Energy Agency

OUR PEOPLE AWARENESS

Scott 2 (1st Floor)

The NHSScotland 'Sustainability Action' brand has been developed to support Health Boards in their efforts to raise awareness of climate change and sustainability issues and to promote behavioural change amongst staff. This session will present best practice case study examples of promoting sustainability within NHSScotland. The range of support available to NHS staff will be explored along with opportunities on how you can get involved.

Presenter(s):

Alex Hilliam, Behaviour Change
Specialist, Hilliam Research &
Analysis, Lydia Howells, Deputy
Charge Nurse, NHS Lothian and
Dr Andrew Grant, Anaesthetic
Consultant, NHS Lothian and
Martin Johnston, Sustainability
Manager, NHS Greater Glasgow
& Clyde

4.



MORNING BREAKOUT SESSIONS

5.

OUR PLANET ADAPTATION TO CLIMATE CHANGE

McCaig (Ground Floor)

Scotland's climate is warming and we are facing more extreme weather and rising sea levels. Limiting global warming to 1.5°C will require rapid, far-reaching and unprecedented changes in all aspects of society. More work is urgently needed to prepare the personnel, the systems and the facilities of the NHS, as well as other institutions involved in health care, for the implications of unavoidable climate change. This session will consider what NHSScotland is currently doing to assess the developing impacts of climate change, and what more needs to be done to ensure we are properly prepared.

Presenter(s):

Richard Kingston, Prof. of Urban Planning & GISc, Department of Planning & Environmental Management, University of Manchester and Angus Pettit, Technical Director, JBA Consulting

EXHIBITION STANDS

1. Zero Waste Scotland
2. Cycling Scotland / Cycling UK
3. Adaptation Scotland
4. Energy Saving Trust
5. Green Exercise Partnership / Our Natural Health Service
6. NHSScotland National Procurement
7. Sustrans
8. NHSScotland Sustainability Action
9. Sustainable Scotland Network (SSN)

POSTER EXHIBITION

NHSScotland Health Board Case Studies and Examples of Best Practice in Sustainability

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SPEAKER BIOGRAPHIES

ELIZABETH VANDER MEER



Elizabeth has a PhD in environmental policy and ethics from Lancaster University, specialising in biodiversity conservation, and she is currently keenly interested in anthrozoology. Elizabeth has been working for the University of Edinburgh in policy and research management roles since 2007, in diverse areas such as e-science and carbon capture and storage.

Just prior to joining the Social Responsibility and Sustainability team in 2015, she worked for the University's Vice Principal for Planning, Resources and Research Policy, undertaking projects in space and research management. In her current role as Research and Policy Manager (Climate and Biodiversity) for SRS, Elizabeth has coordinated

development of University climate change mitigation strategy and led on adaptation and biodiversity strategies, implementation plans and carbon reporting. She also works closely with academics and students on living lab projects in climate change and biodiversity subject areas.

Elizabeth participates in local partnerships through Edinburgh Adapts and the Edinburgh Living Landscape (ELL) Partnership, engages with Scottish Government through the Sustainable Scotland Network (SSN) Steering Group and UK Government through the All Party Parliamentary Climate Change Group (APPCCG).



SPEAKER BIOGRAPHIES

MALCOLM WRIGHT



Malcolm is the Director General Health and Social Care and Chief Executive NHSScotland and has spent his career in the National Health Service. Starting as an Administrative Trainee with Lothian Health Board in 1975 he progressed through a range of managerial positions. He then went to the Hospital for Sick Children at Great Ormond Street as Hospital Manager, was subsequently appointed as Chief Executive of the Edinburgh Sick Children's NHS Trust. Following this, he worked in NHS Dumfries & Galloway firstly as Chief Executive of the Acute Hospitals Trust and lastly as Chief Executive of Dumfries & Galloway Health Board. Malcolm was the Chief Executive of NHS Education for Scotland and then joined NHS Grampian as Interim Chief Executive in October 2014.

Malcolm Wright was appointed Director-General for Health and Social Care and Chief Executive of NHSScotland in February 2019.

Malcolm Wright previously held a range of NHS Chief Executive appointments covering Tayside, Grampian, NHS Education, Dumfries and Galloway and Edinburgh Sick Children's NHS Trust.

Malcolm has spent his career in the NHS, starting as an administrative trainee with Lothian Health Board in 1975. He progressed through a range of managerial and leadership positions.

Malcolm was awarded an Honorary Doctorate at the University of Paisley in 2007, an Honorary Fellowship of The Royal College of General Practitioners in 2007, an OBE in the New Year's Honours List in 2008 and became a Fellow of the Royal College of Physicians of Edinburgh in 2012.



SPEAKER BIOGRAPHIES

DR FIONA ADSHEAD



Fiona chairs the Sustainable Healthcare Coalition that inspires partnerships and action on sustainable healthcare. She also works as an independent expert advisor and board member for national and global organisations. This includes advising on person centred care, promoting health through business, economic and sustainability strategies, wellbeing at work, and technological transformation of health services.

Her previous roles include: Deputy Chief Executive of the global NCD Alliance leading strategic and commercial partnerships, strategy and governance; Bupa's Chief Wellbeing and Public Health Officer leading global commercial strategy on workplace health and wellbeing, behaviour change, partnerships, and sustainability; Director at

PricewaterhouseCoopers consulting on health and sustainability. For five years, she was Deputy Chief Medical Officer and Director General in the UK Government responsible for Health Improvement and Health Inequalities followed by being Director of Chronic Disease and Health Promotion at the World Health Organisation.

She is a high profile wellbeing and public health leader with a track record of reframing thinking and developing innovative strategy and programmes at the heart of business and government. A strategic systems thinker she is able to bridge private, public and third sector environments, delivering social change and business benefit.

Fiona is a visiting Professor at UCL and teaches at Cambridge Institute for Sustainability Leadership. Fiona is a member of British Land's Sustainability Advisory Panel, Marks and Spencer's Sustainable Retail Advisory Board, and Business in the Community's Wellbeing Leadership Team.



SPEAKER BIOGRAPHIES

DAVE GORMAN



Dave joined the University of Edinburgh in 2013 as its first Director for Social Responsibility and Sustainability. He provides senior leadership and advice to the University on a wide range of topics including climate change and renewables, sustainability, responsible investment, community engagement, fair employment, sustainable and responsible supply chains and social investment.

Prior to joining the University, Dave undertook a wide range of community and volunteering work after graduation, before pursuing a career in local government. For many years he worked for the Scottish Environment Protection Agency, latterly as its Head of Strategy. Dave is a chartered environmentalist and a chartered manager, and a fellow of the RSA, IEMA, EAUC and the CMI. He is a member of the Russell Group of Universities Sustainability Group, the UKRI Sustainability Advisory Group, the ISCN advisory board and was a member of the Expert Commission on District Heating, and independent chair of the Special Working Group on district heating regulation on behalf of Scottish Ministers.



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