



**Hyb  
Cymorth  
ACE**

**Hyrwyddo a  
Herio dros  
Newid**

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**Champion &  
Challenge  
for Change**

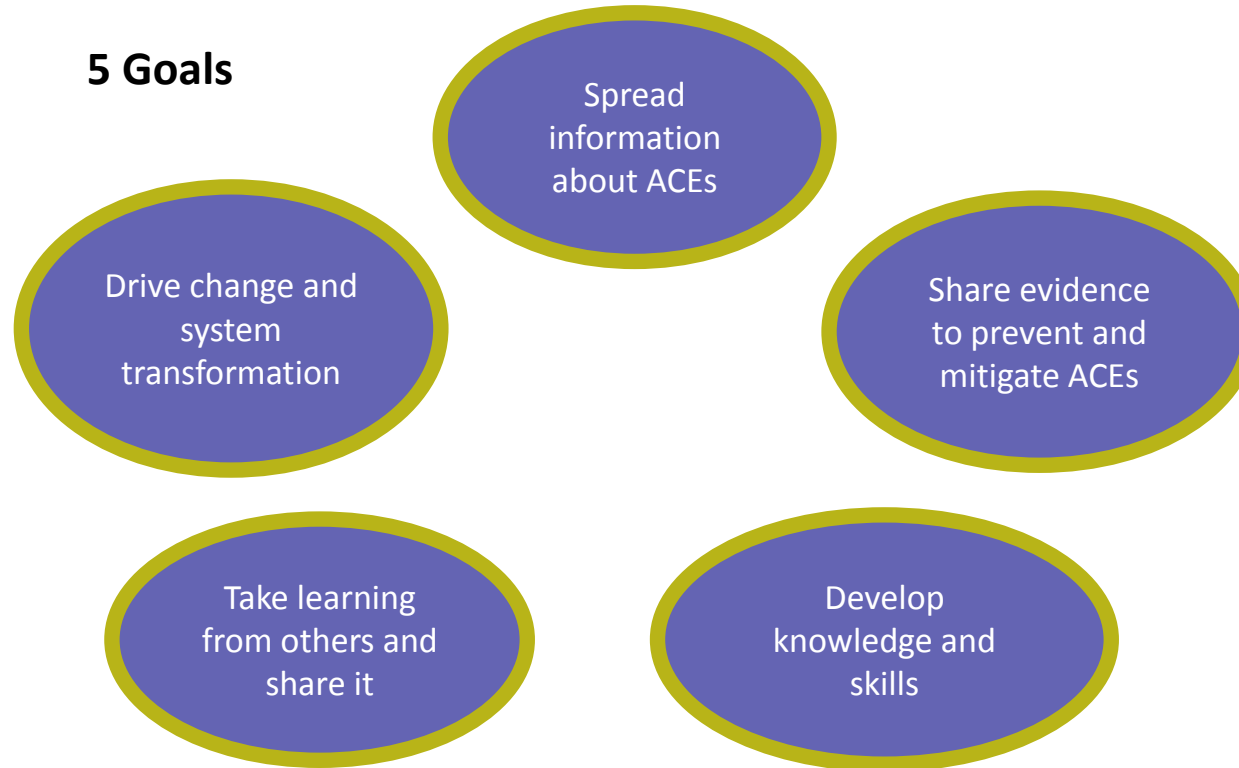
**ACE  
Support  
Hub**

## **Adverse Childhood Experiences (ACE) and Communities in Wales**

**Joanne Hopkins, Director, ACE Support Hub**

# What's the purpose of the Hub?

## 5 Goals

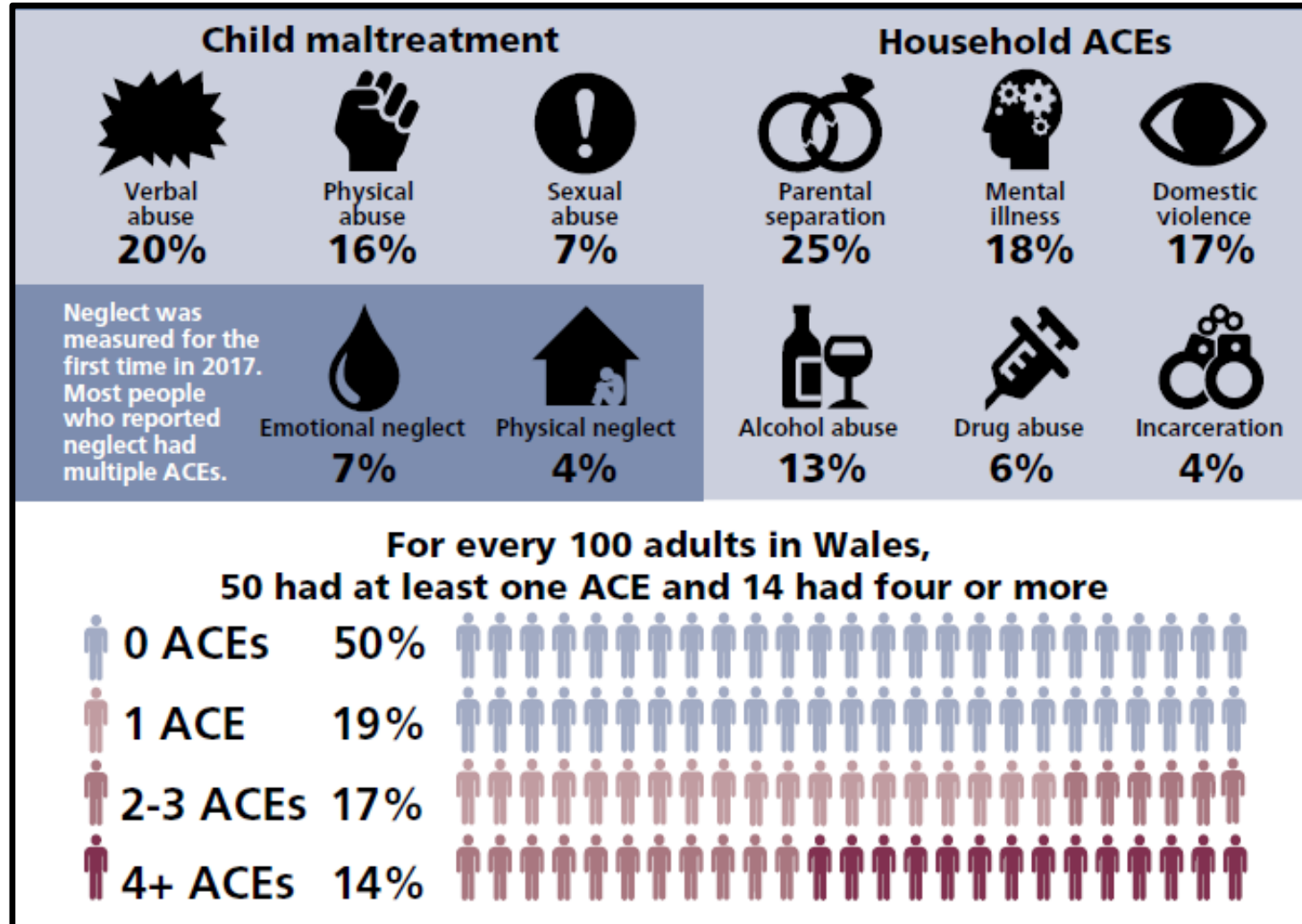


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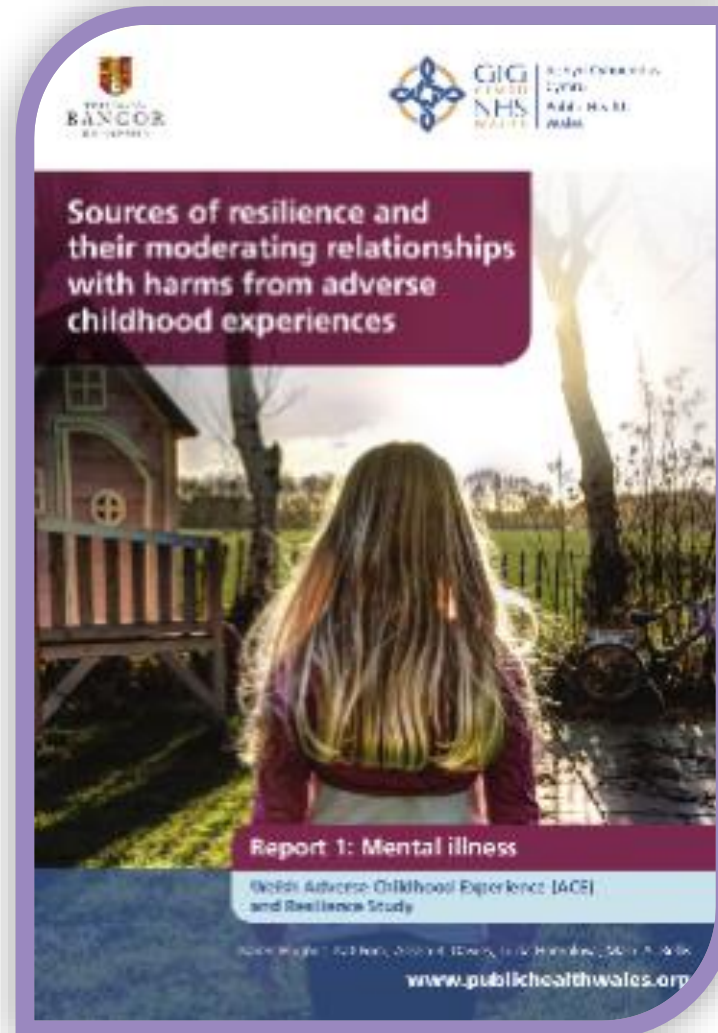


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# How many adults reported each ACE in 2017?



# Sources of Resilience – Mental Health



# ACEs and Resilience

Culturally  
Connected

Always  
Available  
Adult

Manage your  
behaviour and  
emotions

Guide your  
destiny and  
overcome  
Hardship



# Case study: police

In one area of South Wales  
between 4th June 2015 and 18th  
November 2015 (24 weeks)  
1,484 Public Protection  
Notifications were received by  
social services from the police

11% (167)  
Public  
Protection  
Notifications  
progressed

89%  
(1,317)  
Public  
Protection  
Notifications  
logged and  
closed

Increase risk, adversity and harm



Sexual  
abuse



Physical  
Abuse



Domestic  
Violence



Mental  
Health



Drug  
Use



Separation



Alcohol  
Abuse



Incarceration



Verbal  
Abuse



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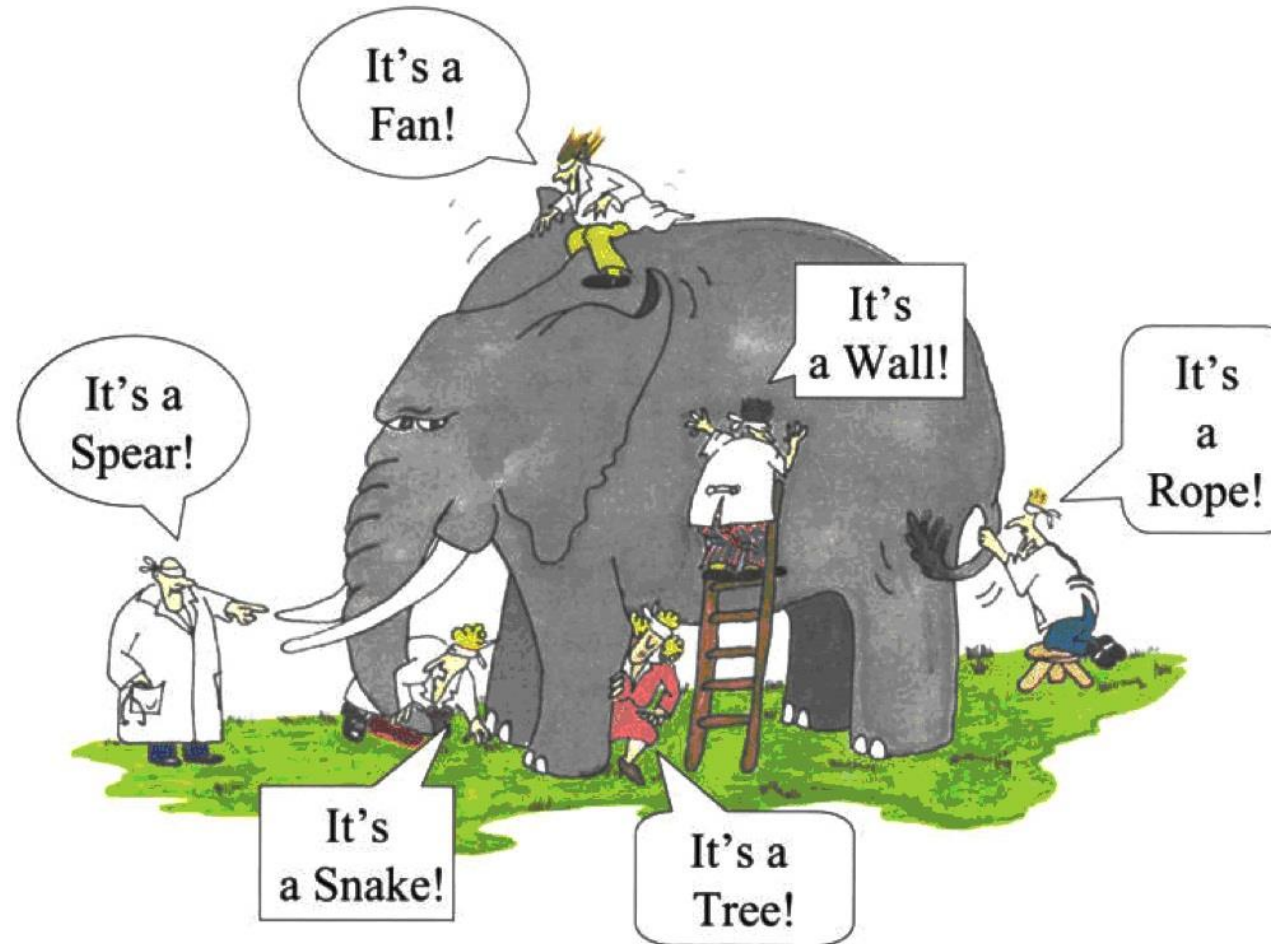
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# Challenging Assumptions

ACE Enquiry in Health Visiting – Anglesey Pilot

***“After the first training session I was a bit negative about it to be honest. I was thinking ‘oh great, more work’. But I just think it has evolved, as the process has gone along. The more you talk about it, our clients see how it affects peoples’ lives and they see how important the caregiver is. It inspires you, as a whole project. I was negative in the beginning but now I’m sold. I can see how useful this could be in all health settings.”***

# Systems Approach





# Breaking the cycle

## What can we all do?

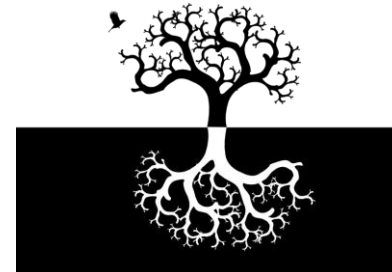
Spread the word - ACE  
informed Professionals, Politicians  
and Public



Identify ACEs, promote protective factors,  
increase resilience



Address the root causes not the  
symptoms



# Phase 1 – Ace Aware Sectors

## Education

**Phase 1** – we have trained  
Consortia – 309 Ace Ambassadors,  
teachers and schools leads  
140 Estyn inspectors and challenge  
advisors  
95 Train the Trainers  
3 secondary schools for pilot

## Phase 2

60 Ambassadors

## Youth Service

Ace Aware Youth Work training delivered  
to 100  
120 Train the Trainers  
Development of a level 2 module for all  
new youth workers to be included in 2020

## Housing and Homelessness PATH training (Prevention, ACES, Trauma, Homelessness)

660 trained in Psychologically Informed  
Environment (PIE) foundation  
299 three day PIE  
PIE for Leaders and Commissioners

## Sport

Trained Sport Wales Mid and West Wales  
managers  
Co-produced training with Street Games  
Developing a National Event with the  
WRU



# Phase 1 -ACE Aware Organisations and People

## Skills and Knowledge

### Tools

Organisational Readiness Toolkit  
Skills and Knowledge Framework  
e-learning, presentation ACE Awareness  
and ACE Informed Practice training  
packages

### In development 19/20

ACE Informed Organisations  
Implementation / Becoming ACE-  
Informed Toolkit  
Quality Mark/Award to embed ACEs  
knowledge and skills are embedded  
within professional qualifications.  
Sector specific frameworks

## Communications

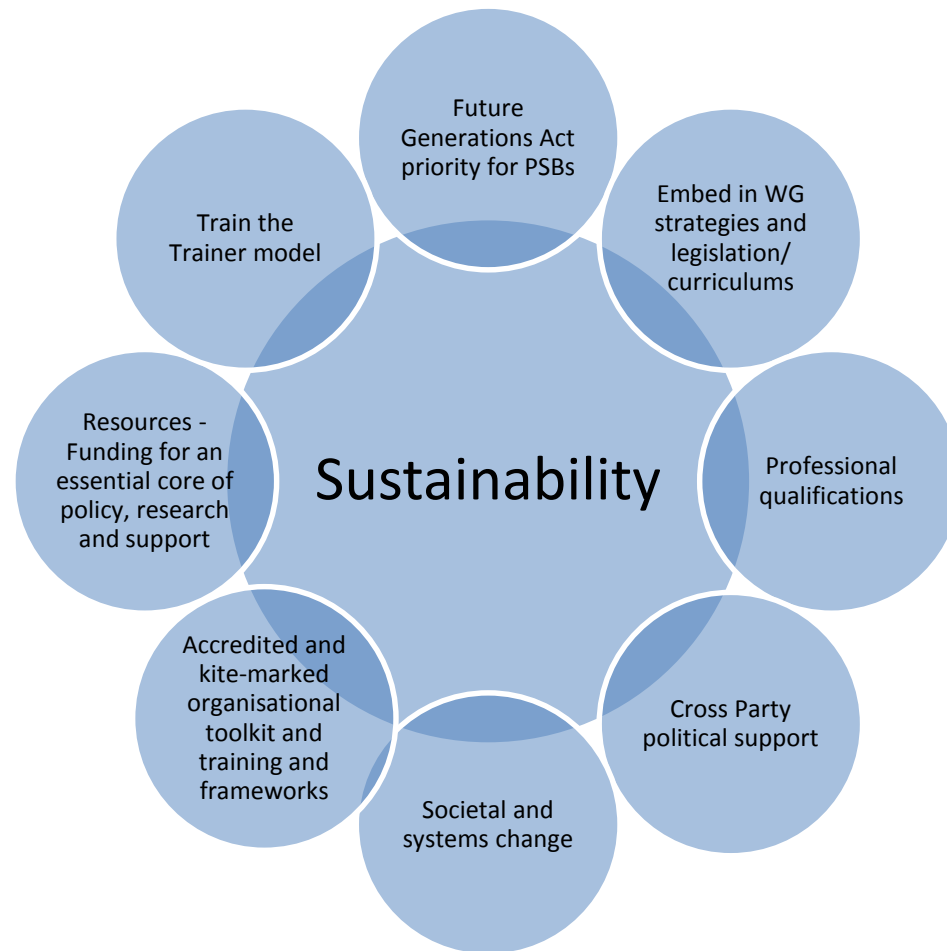
### Tools

Website [www.aceawarewales.com](http://www.aceawarewales.com)  
Social media  
Good practice short films  
Newsletter

### In development 19/20

Baseline Survey of Professionals  
Public Awareness Campaign  
Round Table events across Wales  
More sophisticated website with  
pathways for organisations/public

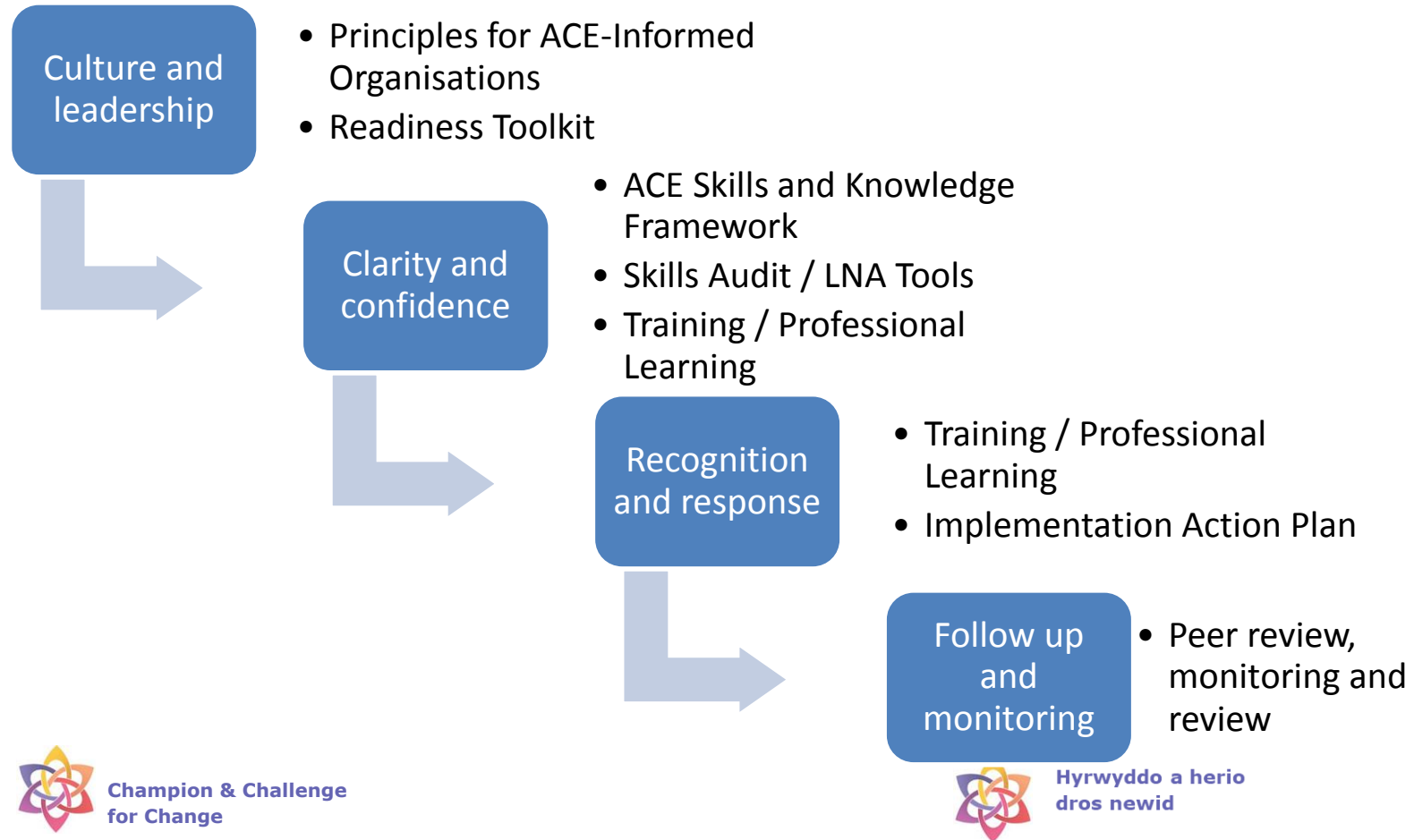
# Phase 2 – Sustainably Trauma Informed



# Step Change



# ACE-Informed Organisations



# Key Messages

**Everybody and every organisation in Wales has a part to play.**

- There is a role for all of us, challenging ourselves to think 'What can I do differently?', and recognising what we're already doing.
- Little steps make big changes, we can change the narrative.
- Creating an ACE informed Wales will bring benefits for everyone.



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# Key Messages

**It's about “what happened to you”, rather than “what’s ‘wrong with you.’”**

- We need to take time to understand what has happened to people, rather than blaming them for their behaviour.



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# Find out more



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