

Safety Brief

Management of Nicotine Addiction Care Pathway Roll out

Situation

This paper introduces the Integrated Care Pathway for the Management of Nicotine Addiction which supports NHS Lanarkshire revised No Smoking Policy which includes electronic cigarettes

The potential for this will

- Support compliance of NHS Lanarkshire revised no smoking policy (Including e-cigarettes)
- Ensure equity and improve care
- Improve patient comfort, recovery times, reduce risks of complications and flow times
- Increase staff knowledge of Nicotine Addiction and treatment
- Ensure appropriate referrals to the Stop Smoking Service

Assessment

Smoking remains the biggest single preventable cause of ill health, disability and early death in Lanarkshire and Scotland as a whole.

A Tobacco Control Strategy for Scotland “Creating a Tobacco – Free Generation” (2013) outlines a number of challenges most notably that “NHS Boards should be exemplars in providing smoke free environments”; all boards have a target of smoke free grounds by April 2015 to meet.

Health Promoting Hospital Framework, CEL14/CO1 recommends all patients have their smoking status recorded; if tobacco is used in any form they should be made aware of the hospitals No Smoking Policy (inclusive of grounds and doorways) and asked if they are interested in stopping; if they wish to quit, refer to specialist services; if not NRT should be offered to alleviate withdrawal symptoms and promote compliance.

The document being launched is the Management of Nicotine Addiction (inpatient) which consists of an algorithm for assessing and managing nicotine dependency. This documentation is currently being used in 5 Wards in Wishaw Hospital, and is being rolled out on Tuesday 30th September within the Lecture Theatre. (See attachment for session times)

Recommendations

- Ensure as many staff as possible attend the short information sessions and disseminate to staff who are unable to attend.
- Ensure that this documentation is used when available to ensure that best practice is carried out.
- Promote staff to access Tobacco Training to promote knowledge and skills in raising the topic of smoking with patients; available on Learnpro or within Lanarkshire. Training dates can be found on <http://firstport2/staff-support/stop-smoking-service/default.aspx>