# Children and Young Peopleresearch evaluation frameworks and good practice referrals

Allison Barnes, Scotland Manager- Money Advice Service and Sandra Sankey, Improvement Service

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# Children & Young People Research and Evaluation Frameworks

Allison Barnes Scotland Manager 22/2/17



#### Why financial education matters



Too many young adults are making money mistakes, and are over-indebted

Increasingly early opportunities to spend, often 'invisible'

At least 2.5m young people should be getting financial education; majority are not



Children's self-control ability, developed from age 3, is as likely as IQ & socioeconomic status to predict adult financial outcomes

Evidence is mixed, but there are approaches that work - timing and delivery method matters

Many financial behaviours in place by 12; attitudes by age 7

#### Children & Young People



# Financial capability survey Nationally representative survey of 4-17 year olds in UK

- 4958 respondents took part, March June 2016
- Interviews carried out online (60%) and face-to-face (31%)
- Data weighted to represent population breakdown in each nation
- Additional interviews in Devolved Nations, & with 15-17 year olds
- Initial results released at Financial Capability Week
- Full report early spring Research Conference 28 March



#### When looking at 16- to 17-year-olds:



% say they haven't had experience of putting money into a bank account







#### Less than HALF (43%)

#### of young people aged 12-17 are confident managing their money

We are concerned by this because our findings suggest a link between confidence in managing money and money behaviours – in particular, those who are low in confidence are less likely to shop around, and tend to save less money:





 If given £10, those with low confidence would save less of it than those who were confident



Those with low confidence were also much less likely to say they save money most or every time they get some



 Those with low confidence were also much less likely to say they shop around







#### only 4 in 10

children aged 7-17 say they have learned about money management at school



### Positively,

#### 9 in 10 young people

who said they had learned about money management at school said it was useful







3 in 4 children talk to their parents about money

3 in 4 parents say they are a good role model



Considering this, it is surprising that:



Only 3 in 5 parents

feel confident talking to their children about money

Only 1 in 3 parents

talk to their children about household finance although this does increase with age



Furthermore, parents' behaviour may not always set the best example:









% find keeping up with their credit commitments and bills a burden





### Some key projects



1. What Works Fund

2. Vulnerable children & young people

3. "Deep dives" on CYP survey

4. Evaluation support

#### Tools & resources



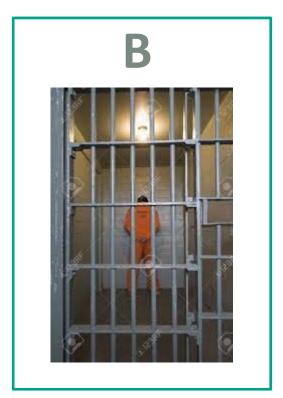


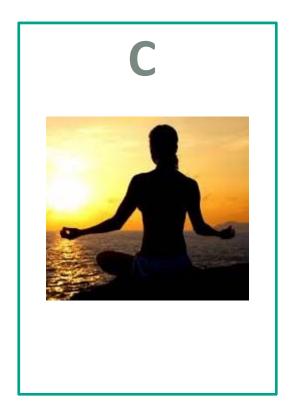














### **Good Practice Referrals**

Sandra Sankey, Improvement Service





### The Improvement Service

Established in 2005

Local Government organisation

Supporting improvement on a wide range of issues of common interest to councils & CPPs

Not for profit

Working with Scottish councils
and their partners to improve
outcomes for citizens

Delivering a range of products regarding data analysis, digital public services, learning & development, performance management, research and knowledge management

Providing advisory services, consultancy and facilitation
Supporting Elected Member development





#### Money Advice Outcomes Project

**Money Advice Outcomes Initial Research** 

**Learning Points** 

Referrals and Partnership Working Between Advice and the Health Sector in Scotland

**Online Referral Tracking Systems** 





#### **Partnership Working - Sharing Good Practice**

- Healthier Wealthier Children Model
- NHS invited to join Project Advisory Board

#### **Events**

- Public Health & Welfare Reform
- Summit 'Tackling Gambling & Payday Lending'
- Financial Inclusion and Health Events
   (Dundee & Glasgow)
- Shared Perspective on the Outcomes of Advice
   Advice Services and the Social Determinants of Health logic model
- Social Return on Investment Analysis webinar





#### What do we know now?

- Developing interest in on-line referral tools
- More established links and models with health and advice integrated models, hubs, co-location, outreach, targeted support
- Helplines, triage and branded models improving access

#### Feedback suggests - room for continued improvement

- A need for learning and knowledge exchange
- Support to strengthen the referral pathway and partnership working
- Development and promotions of existing pathways could be strengthened
- Strategic v operational front line
- Improve engagement with education and children and families services





### Final Key Messages

- Routes to improving outcomes in a sustainable way are likely to include:-
  - Considering new ways of providing services, including best mix of delivery channels
  - Increasing focus on preventative interventions
  - Embedding key principles of the '<u>Framework for Public Funding of Advice Services'</u> across Scotland
  - Ongoing development, use and roll-out of <u>MAPMF</u> to assess the performance of services and identify improvement opportunities
  - Making best use of evaluation evidence re what does / does not work
  - Better joining-up / collaboration / sharing of resources and expertise
  - More effective partnership working / co-ordination to ensure best possible use of resources needs to happen both strategically and at a local level
  - Better targeting of services on those who will benefit most (including current unmet need)
  - Streamlining the 'customer journey' and ensuring timely access to high quality advice

improvement service



### Thank you - Contact Info

sandra.sankey@improvementservice.org.uk

Mobile: 07771 958964

Twitter @ISMoneyAdvice

Register to join our Knowledge Hub Group

https://khub.net/group/improvingoutcomesinmoney

improvement service

**advice** 

# **Project Showcase**

## Family Friendly Advice

Roddy Samson roddy@gic.org.uk Granton Information Centre



### Family Friendly Advice

- Partnership of NHS, Third Sector, and Local Authority.
- Focus on addressing unmet advice needs, and providing access to advice services to those who would otherwise not access them (or know they have an advice need).
- Community based rights organisation working in partnership with trusted intermediaries who provide legitimacy.

### Project Remit

• Increase referrals from partner agencies to advice services.

 Building on work started March 2014 - initially focussing on uptake of HSV.

 Offers income maximisation and money advice services to referred families.

### Need

- Families do not claim their full range of entitlements following the birth of a child (£24 billion per year left unclaimed).
- Family finances are affected following birth of a child leading to problem indebtedness and other problems.
- Maximising household income has a positive impact on health and reduces child poverty.
- Offering advice services to families around the birth of a child = "intelligent intervention".

### Referrals

- Remit is to increase referrals from partner agencies.
- Referred/signposted families do not always follow-up referral.
- Existing advice services do not always have capacity.
- Provide an advice service that could accept all referrals made from partners.

## Midwifery referral process

- Started with Leith midwifery referrals.
- Trak asks a suite of questions about money worries and financial capability.
- Only 1% of maternity bookings documented that a referral had been made.
- Increase referrals and streamline process.

### Referral Process

- TRAK
- Diary held in LCTC
- E-mail / phone referrals
- Honorary contracts and NHS e-mail addresses
- Back to TRAK
- Families referred to other ancillary / complimentary services for assistance

### **Outcomes & Successes**

- HSV receipt maintains at a high level in areas where project is operating in contrast to the rest of Scotland.
- £1,983,538.29 financial gain.
- 612 families helped.
- Increase in referrals from project partners to advice service.
- Top Team Award.

### Thank You

roddy@gic.org.uk

• Graham.MacKenzie@nhslothian.scot.nhs.uk

http://qir.bmj.com/content/5/1/u210506.w42
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### Sheonadh Renfrew

Income Advisor Advice Works

Contact email: sheonadh.renfrew@renfrewshire.gcsx.gov.uk





#### Citizens Advice Bureau West Lothian

# Prevention and Intervention Money Advice Project (PIMAP)



### Who we are and what we do



#### We are:

- Citizens advice bureau
- Project was created December 2014
- Work with pregnant women &
- Families with children up to a year

#### We provide:

- Holistic service
- Provide a person centred accessible service



# Partnership working







**Community Midwives** 

Health visitors

Hospital Midwives

Family Nurse Partnership Child poverty

Community based

Money maximisation

**Maternity rights** 

**Entitlement checks** 

Holistic service

Early Years Action Groups

Family centres

Health improvement team

Youth Inclusion Project

### Getting Started.....

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#### **Cycle 6**: Test approach in new area (Blackburn)

**Cycle 5**: Referrals to CAB dropped off as the Midwife Learning from data was off work. realised the test was person dependent. Process flow chart for midwifery team developed. CAB altering method of engaging women from 2 consecutive phone calls followed by a text message to phone call, text, phone call to increase response rate

**Cycle 4**: Midwife asked women for permission to pass contact details to named CAB worker, who then went onto contact women. 14/25 women engaged with CAB over an 8 week period

**Cycle 3**: Information slip altered into a more user friendly version describing the services available for CAB. 1 women engaged with CAB. Moved to using mobile phone as women didn't answer "withheld number". Also added in a text message if there was no response to the phone messages

**Cycle 2**: In addition to highlighting financial entitlements, the Midwife provided pregnant women with an information slip which provided CAB details (opening hours etc).

Cycle 1: In an area of multiple deprivation, x1 Midwife identified pregnant women at booking appointments that would benefit from financial advice and support and signposted them to local Citizens Advice Bureau (CAB). None of these women then went onto use the CAB services.

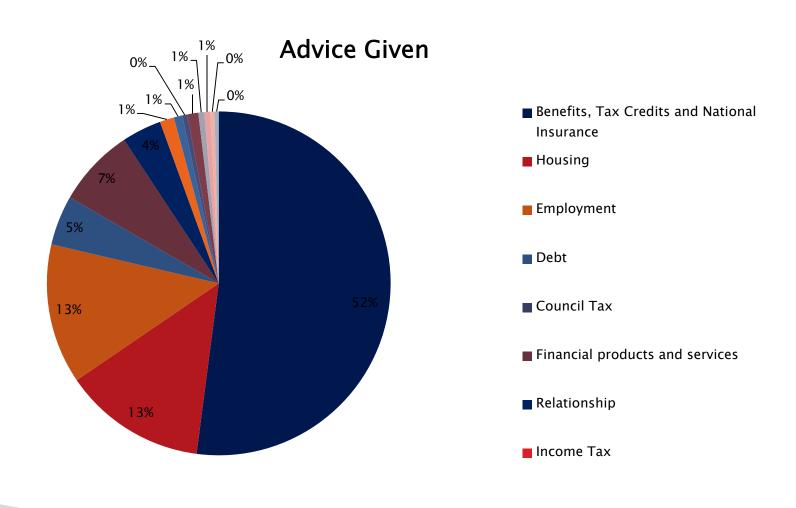
### Achievements to date......



- The project has seen 1,424 individuals referred to the project since Dec 2014.
- > The team have advised 737 individuals in the same time period.
- > The client financial gain for families in West Lothian is £1.15 million.

# Advice given....





# Moving forward......



Tests of change for the future:

- > NHS Emails for midwives to refer direct.
- > Addressing the effects of the benefit cap.

### Contact email:

Rebecca Summers – Money Adviser/Income Maximiser

Email: Rebecca. Summers @ CABWestLothian.c asonline.org.uk

- Karen McGhee- Manager, Citizens Advice Bureau West Lothian
- Email:Karen.McGhee@CABWestLothian.casonli ne.org.uk

### **Facilitated Questions**

- What's happening in your area in terms of financial inclusion pathways between health and advice?
- What needs to happen to further build on and support these projects, or enable them to start up in other areas?
- What's required, on local and national levels, to support the projects?

## Discussion Feedback