We’re giving you the facts on flu

**Fact:** You can spread flu to vulnerable patients.

**Fact:** You are more likely to be exposed to the flu virus.

**Fact:** You can’t get flu from the vaccine.

Trust the facts. **Get the vaccine.**

The flu vaccine is the safest, most effective way to protect yourself from flu.

Speak to your line manager or occupational health department.

www.flufacts.scot