Dear Parent or Carer

The flu vaccine is offered to all primary school children in Scotland to help protect them against influenza (flu). Influenza can be serious, even for healthy children, and we recommend your child gets the vaccine every year.

All primary school children, including those with an underlying medical condition, will be offered the vaccine at school by your local NHS team. Almost all children will be able to receive the vaccine as a **painless nasal (nose) spray**.

If your child is not immunised on the day, there may be another opportunity for your child to be immunised. This will depend on local arrangements.

What should I do next?

- Please read the enclosed leaflet.
- Check your child’s details at the top of the enclosed consent form.
- If you want your child to be immunised, answer all questions in the consent form and provide a daytime telephone number in case we need to contact you.
- Complete, sign and return the consent form to your child’s school as soon as possible, even if you don’t want your child to be immunised.
- Write your child’s full name, school and class on the front of the envelope provided.

Only children with a completed and signed consent form will be immunised.

If you later decide not to have your child immunised, you must write to your local NHS Board at the above address. If you have any concerns or issues that you would like to discuss further, please contact your local NHS Board on xxx.

Yours faithfully

Public Health
NHS Scotland