



From Adversity to Wellbeing: How Communities Thrive Workshops

There are 5 workshop choices – attendees will register for 2 workshops on the morning of the event.

Each workshop will last 45 minutes.

Working with people:

1. Violence Reduction Unit

Presenter: Keith Jack

Keith from the Violence Reduction Unit will discuss the Navigator service which is a new innovative service based within the Emergency Departments of Glasgow Royal infirmary and Royal Infirmary Edinburgh, which supports people to move away from violent lifestyles. The idea is that for many people, a period of hospitalisation following a violent incident is a time when they might feel scared, sore or worried and might, due to these feelings, be considering lifestyle changes and wondering how to make those changes. The Navigators connect with people to find out what emotional support and services they need to make the changes they want in their lives. Each of the Navigators has their own lived experiences, both good and bad. They are great listeners, compassionate, non-judgmental and patient. They just really want to help.

Working with communities:

2. Welsh ACEs Hub

Presenter: Joanne Hopkins

Members of the Welsh ACEs Hub will discuss their work around the education stream in Wales and share their work with the local Police force, who have education as their priority area as part of the Home Office Early Action Together programme.

3. Scottish Government

Presenter: Pauline Beirne

Pauline will share a variety of examples of innovative work being done within communities to tackle early childhood adversity, learning around collaboration and the need for relationships across agencies to interrupt the intergenerational cycle.



4. NSPCC

Presenters: Neil McIntosh, Rachel Love and Jo Grace

Together for Childhood is an innovative, evidence-informed approach bringing local partners and families together to make our communities safer for children. Working collaboratively, we'll develop and test effective approaches for preventing child abuse, drawing on examples of best practice from around the world. A key element involves 'Sharing the science behind early childhood brain development' - A joint project between NSPCC Scotland and external partners in Glasgow which seeks to embed the science behind child development in the children's workforce in Govan initially.

5. Inspiring Scotland Link Up

Presenter: Marie-Amélie Viatte

Link Up supports people living in some of Scotland's most deprived communities to end the intergenerational cycle of poverty and disadvantage. Currently operating in 9 neighbourhoods, it's been going for 7 years and has worked with over 19,600 people. Link Up workers are embedded in the community and support local people to establish activities that they want to take part in and help run. Link Up workers focus on building positive relationships and strong social connections, stimulating social participation and community-led action. At its core, Link Up strengthens social capital and local support networks which increase community wellbeing and resilience.

