

# Child and Young People's Mental Health Indicators

25<sup>th</sup> November 2011

Geoff Huggins  
Deputy Director, Health and Social  
Care Integration

# Overview

1. Background and context
2. Policy and action
3. Indicators: Future Policy and Action
4. Current focus on CAMHS
5. The role of data in driving improvement
6. Mental health strategy consultation

# Background and Context

- Increasing awareness of importance of children's mental health as a determinant for future health/productivity/happiness/contribution and cost to society.
- Increasing awareness of what makes a positive difference to trajectories for children's mental health.
- Growing availability of good research evidence about determinants of healthy neurological development of infants and young children and the impact of trauma/abuse/neglect.
- Growing economic case for early intervention and promoting resilience of all citizens.

# Policy and Action

- CAMHS – SNAP (2003) and Mental Health of Children Young People Framework for **Promotion**, Prevention and Care (2005).
- Getting It Right for Every Child (2006)
- Early Years Framework (2008)
- Towards a Mentally Flourishing Scotland (TAMFS) (2009) – Commitment 4: **develop the Indicators**  
Commitment 1: develop web portal  
[www.handsonscotland.co.uk](http://www.handsonscotland.co.uk)

# Indicators: Future Policy and Action (1)

- Build and develop greater understanding of causes & consequences of mh and how best measured
- NHS Health Scotland / ScotPHO to continue reporting on indicators, every 3-4 years.
- SG will consider content of reports - and implications for future policy and action
- NHS HSc and SG Analytical Services to discuss (a) practicalities of maintaining indicators for future; & (b) possible future work on dataless indicators

# Indicators: Future Policy and Action (2)

- NHS HSc to lead updating / revision of Indicators
- Above to be supported by a NHS HSc Steering Group
- Support for local use of Indicators – to be provided via NHS HSc's MHI Programme local engagement work

# Current focus on CAMHS

- **Access** – HEAT target, tier 4, LD
- **Capacity** – SG extra investment since 2009 (currently £5.5M this year) 33% increase in specialist CAMHS workforce since 2008
- **Integrated delivery** - NES parenting programme, ICP standards, LAAC
- **Continuous improvement** – balanced scorecard performance indicators

# Role of data in driving improvement

- Current Scottish Government approach in mental health.
- Impact of measurement and benchmarking.
- For continuous improvement data more important for the new questions it poses than the old ones it answers.



# Mental Health Strategy (2012-15) Consultation

- Continuity with previous work – delivering on our outstanding commitments
- Integrating work on prevention and treatment
- Working from the evidence base – focused use of public funds where benefit clear
- Developing our knowledge of cause and effect – e.g. how what we do changes outcomes
- Consultation to end January 2012

# Contact Information

Geoff Huggins

Deputy Director Primary and Community Care | Head of Mental Health

Room 3E:02

St. Andrew's House

2 Regent Road

Edinburgh

EH1 3DG

Web - <http://www.scotland.gov.uk>

E-mail – [geoff.huggins@scotland.gsi.gov.uk](mailto:geoff.huggins@scotland.gsi.gov.uk)

++441312443531 (office) ++447795222431 (mobile)