

# Loss and adversity in childhood: how adversity, gender and the system can interact

Nina Vaswani Research Fellow



#### CYCJ Theory of Change

Children & young people flourish









#### Research

New knowledge, synthesising research evidence, evaluating initiatives, supporting evidence use

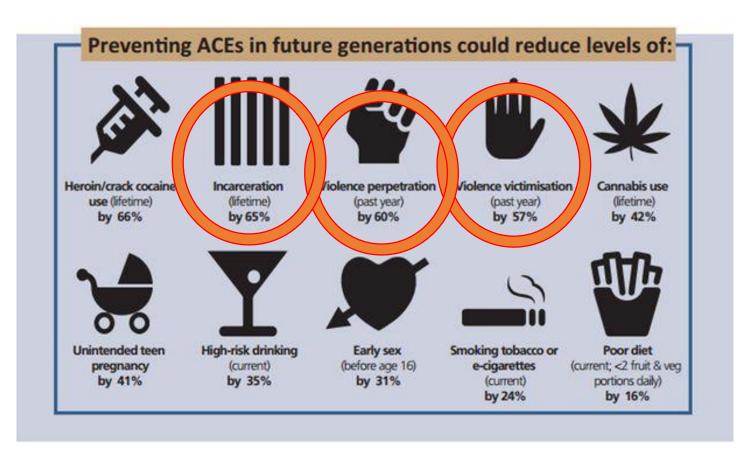


## Knowledge Exchange

Capturing knowledge, promoting sharing, disseminating, improving access & accessibility, integrating forms of knowledge



#### CYCJ's interest in ACEs



Public Health Wales, 2015

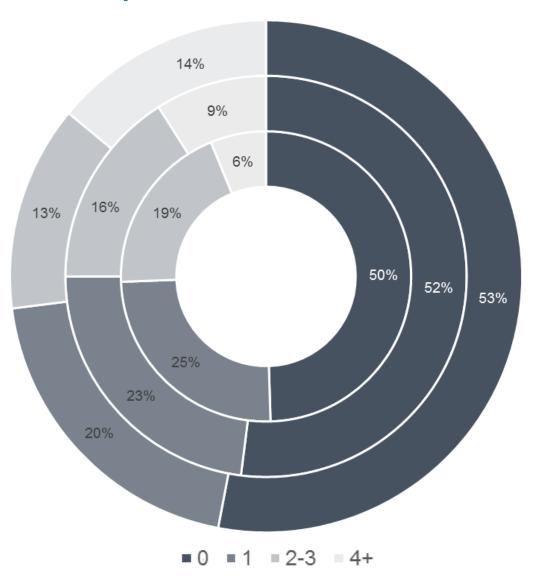


### CYCJ's study

- Interventions for Vulnerable Youth (IVY)
- 130 participants
- Aged 11-18
- 111 males, 19 females
- Case file review



## The prevalence of ACEs



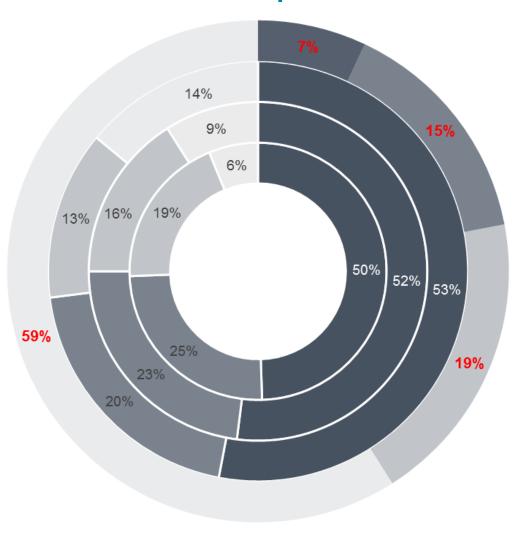
Inner: CDC-Kaiser (Felitti et al., 1998)

Mid: England (Bellis et al., 2014)

Outer: Wales (Bellis et al., 2015)

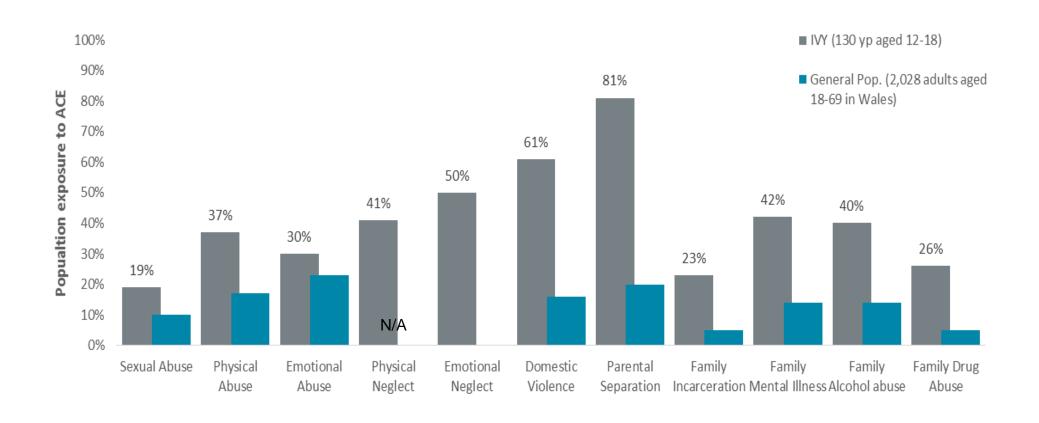


## Overall ACE prevalence



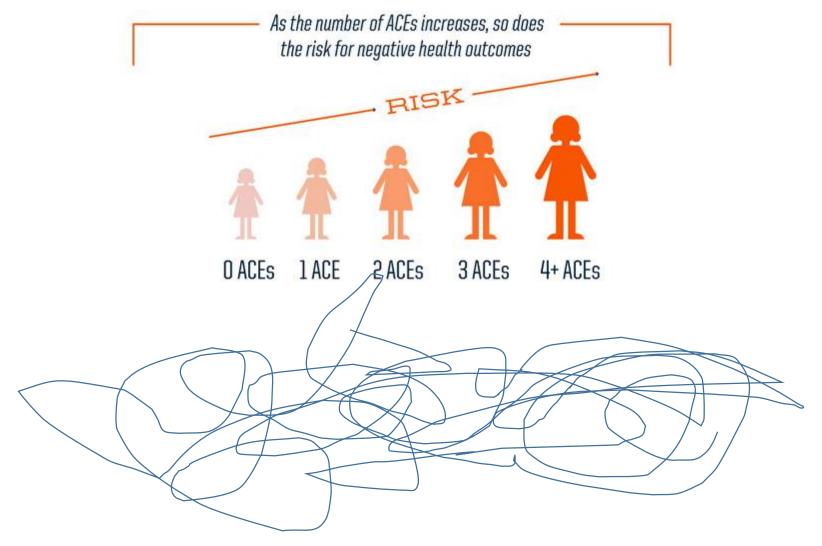


#### Individual ACE exposure





#### Relationship to negative outcomes



Source: The Truth About ACES, Robert Wood Johnson Foundation, www.rwjf.org

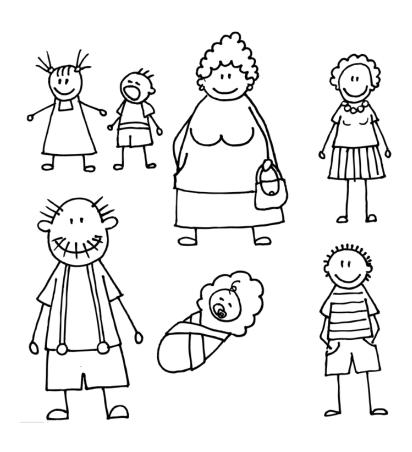


#### The limitations of ACEs?

- Simplistic measure?
- Affected by memory, self-disclosure etc?
- 'Missing' ACEs?
- Mediating or mitigating factors?
- Labelling and stigma?
- Pervasiveness underplays effects?

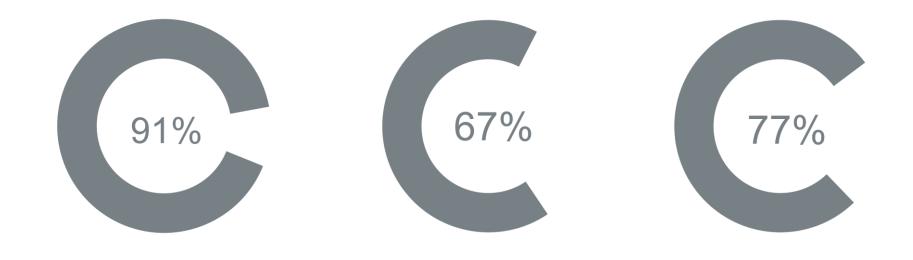


## Missing ACES – Bereavement?





#### Missing ACES – Bereavement?



Including bereavement increased the mean ACE score from 3.92 to 4.24



I was thinking about like 'how many more people do I have to see die? Am I gonnae grow up and see everybody die off?' know what I mean? That was the way I kinda felt, I'm only 19 and that's five people died already and I keep thinking to myself 'are the rest of them gonna die?' know what I mean then I'll grow up alone

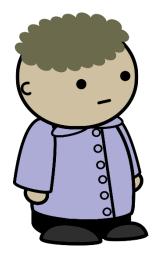


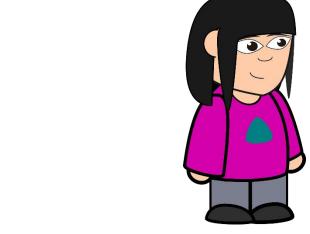
#### Gender

• Significant difference in overall ACE exposure.

3.74

Mean ACES:



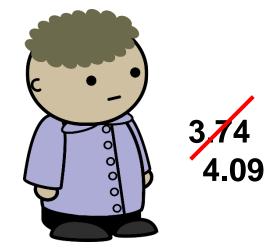


4.95



#### Gender

- Males had experienced more bereavement.
- ACE score no longer significantly different.









## Thoughts?

- Are there gender differences in ACE exposure?
- Are there difference in the way males and females respond to ACEs?
- Are there differences in the way 'we' (society/the system) respond to males and females affected by ACEs?



I mean I've never seen my dad cry...when ma Granda died I didn't see him greet, when ma Gran died I didn't see him greet...I spose I've just always held myself back as well, rather than talk about things

...I couldn't talk to anyone, I couldn't open up...if I was angry I would just explode, start smashing things up, start fighting with people...