The Dundee Approach to addressing ACEs

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Aims

We would like to share our...

- Strategic approach to raising awareness of ACEs
- Partnership approach
- Next steps...
Strategic approach to addressing ACEs

Scottish Public Health Network (ScotPHN)
'Polishing the Diamonds'
Addressing Adverse Childhood Experiences in Scotland

Sarah Couper
Phil Mackie

May 2016
Strategic approach to addressing ACEs

- Create awareness of ACEs
- Policy to prevent, and mitigate, ACEs
- Parenting programmes
- Promote secure attachment in children and young people
- Explore routine enquiry about ACEs
- Develop trauma-informed approaches
Strategic approach to addressing ACEs

- Mapping existing work on addressing ACEs
- ‘Addressing ACEs in Tayside’ Event - Sept 2017 - fully booked & waiting list
- Presentations and discussions about ACEs with professional and strategic groups
- Supporting professional groups to raise awareness of ACEs in their professions
Strategic approach to raising awareness of ACEs - Education

- City wide in-service - 500 staff
- Screening of ‘Resilience’

- [https://vimeo.com/214183672](https://vimeo.com/214183672)

- Evidence based approach
Strategic approach to raising awareness of ACEs - Education

- Planned rollout - Film made available for cluster screenings in each of our 8 clusters
- Follow up Guidance issued to reflect feedback gathered at city wide event
- Support made available to clusters and individual schools
- Schools encouraged to use self evaluation to determine their own next steps
Strategic approach to raising awareness of ACEs - School level

- Review language used
- Review behaviour/relationships policy
- Mindfulness
- Nurture Framework
- Extra-curricular opportunities
- Mentors in Violence Prevention Programme
- Targeted support through SFDW with ACEs in mind
- Miss Kendra style charter based on SHANARRI
- Daily Feelings check - in
- Good Morning/Welcome policy

NHS Tayside
Dundee City Council
Strategic approach to raising awareness of ACEs
Strategic approach to raising awareness of ACEs

As a child, there was an adult you trusted and could talk to about your problems?

*Children suffering 4+ ACES*

- Problem Drinkers: Never 10%, Always 90%
- Used Cocaine or Heroin: Never 15%, Always 85%
- Been Incarcerated: Never 20%, Always 80%

**Based on Strengthening the Foundations of Resilience, Harvard, 2015; Wales ACE Survey, 2015, n=2028, unpublished data**

Strategic approach to raising awareness of ACEs

- **Focus** on trusted adult
- Who was your trusted adult?
Partnership approach

- Education
- Health

Focus at all levels on shared responsibility - we can make the biggest difference together
- Who are your key partners?
Next steps...

- Sharing event for senior management across sectors
- Steering group to widen our scope
- Building capacity
- Protective factors across the community
- Evaluation to track the impact
Reflection

- Where are you on your journey?
- What are your next steps?
- Questions or comments?
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