

The Dundee Approach to addressing ACEs

Dr Tamasin Knight

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Aims

We would like to share our...

- ▶ Strategic approach to raising awareness of ACEs
- ▶ Partnership approach
- ▶ Next steps...



Strategic approach to addressing ACEs



Scottish Public Health Network (ScotPHN)
'Polishing the Diamonds'
Addressing Adverse Childhood Experiences in Scotland

Sarah Couper
Phil Mackie

May 2016

Strategic approach to addressing ACEs

- ▶ Create awareness of ACEs
- ▶ Policy to prevent, and mitigate, ACEs
- ▶ Parenting programmes
- ▶ Promote secure attachment in children and young people
- ▶ Explore routine enquiry about ACEs
- ▶ Develop trauma-informed approaches

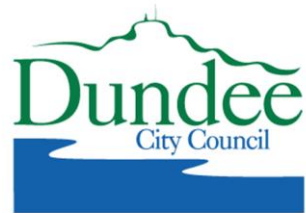
Strategic approach to addressing ACEs

- ▶ Mapping existing work on addressing ACEs
- ▶ ‘Addressing ACEs in Tayside’ Event - Sept 2017 - fully booked & waiting list
- ▶ Presentations and discussions about ACEs with professional and strategic groups
- ▶ Supporting professional groups to raise awareness of ACEs in their professions



Strategic approach to raising awareness of ACEs - Education

- ▶ City wide in-service - 500 staff
- ▶ Screening of 'Resilience'
- ▶ <https://vimeo.com/214183672>
- ▶ Evidence based approach



Strategic approach to raising awareness of ACEs - Education

- ▶ Planned rollout - Film made available for cluster screenings in each of our 8 clusters
- ▶ Follow up Guidance issued to reflect feedback gathered at city wide event
- ▶ Support made available to clusters and individual schools
- ▶ Schools encouraged to use self evaluation to determine their own next steps



Strategic approach to raising awareness of ACEs - School level

Review
language
used

Extra-
curricular
opportunities

Miss Kendra
style charter
based on
SHANARRI

Review
behaviour/
relationships
policy

Mindfulness

Nurture
Framework

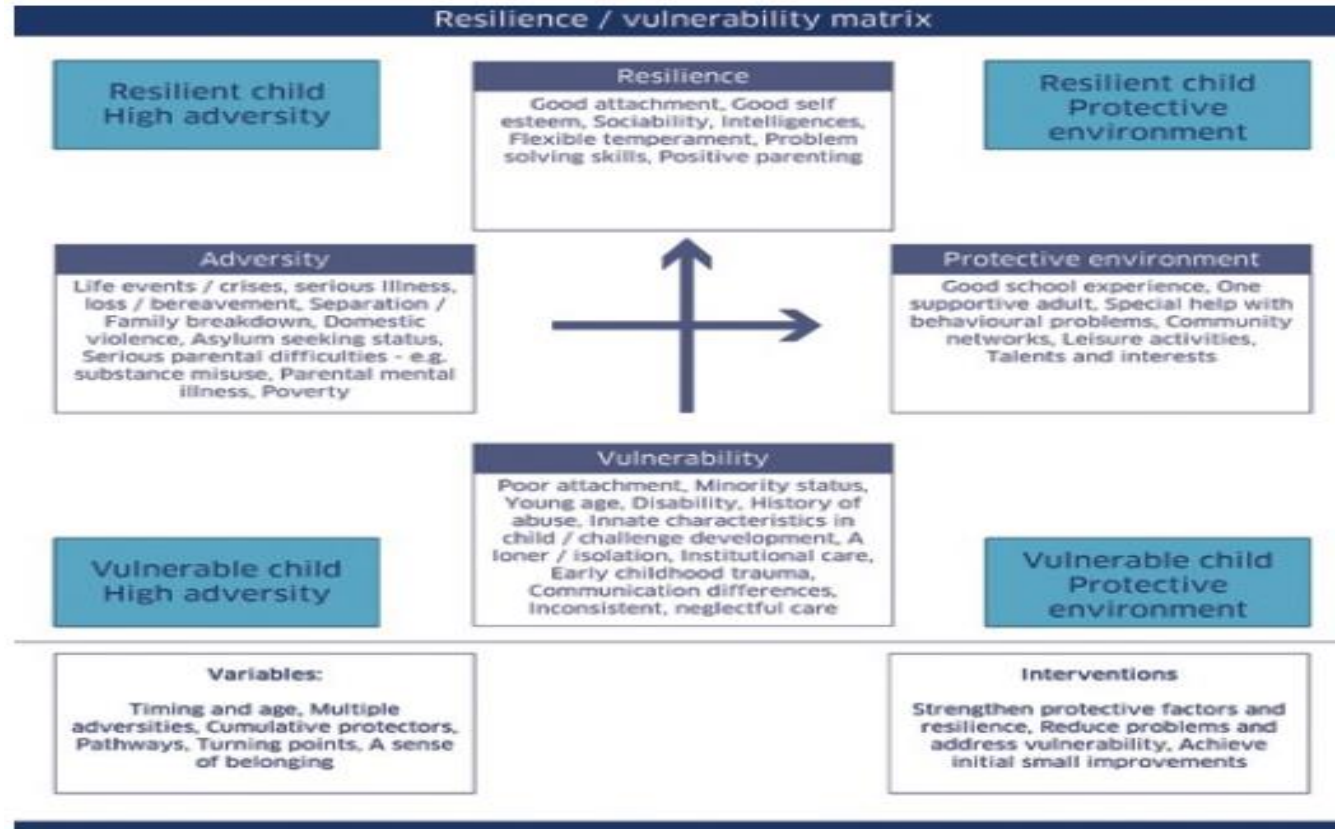
Daily
Feelings
check - in

Targeted support
through SFDW with
ACEs in mind

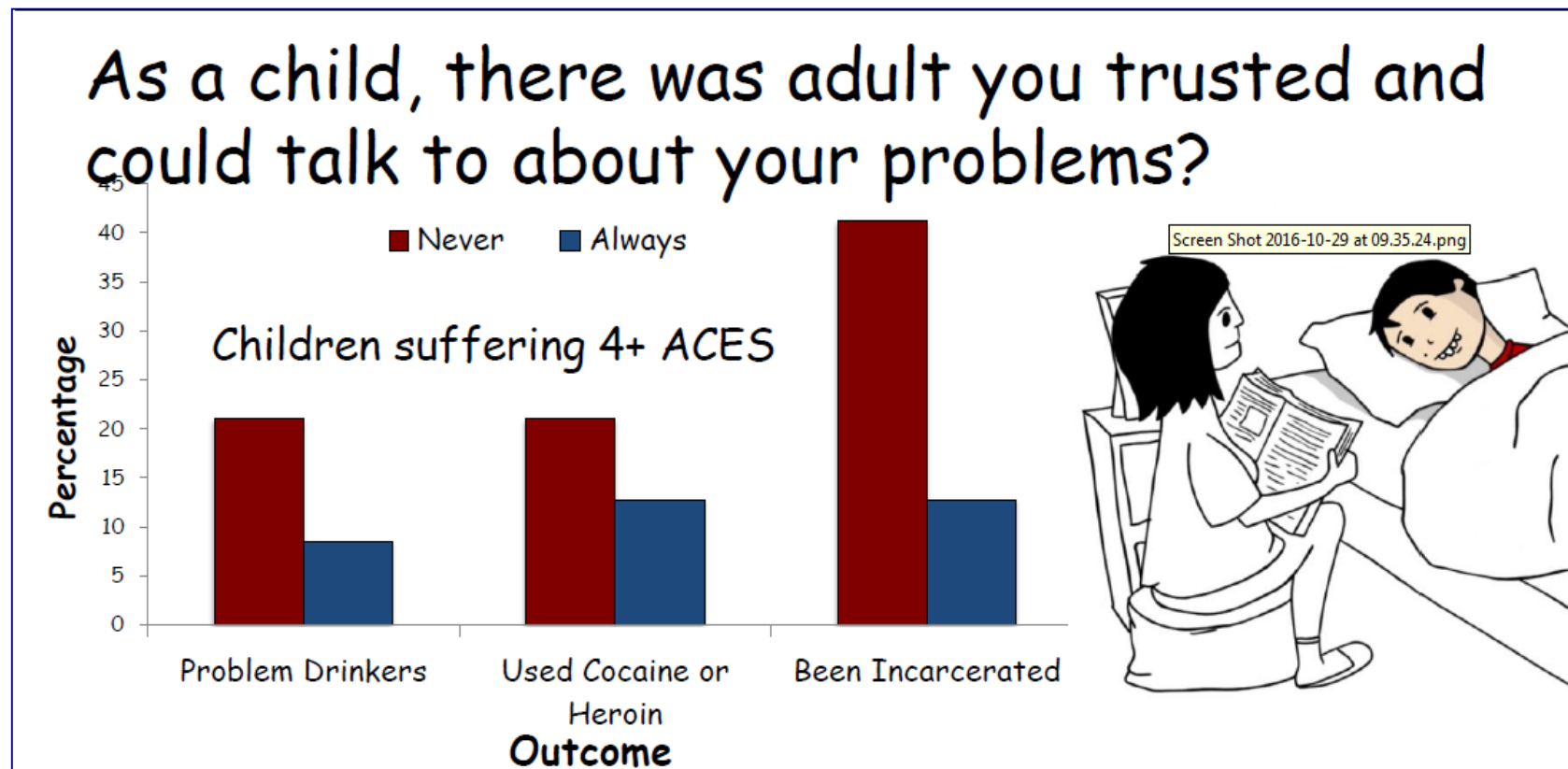
Mentors in
Violence
Prevention
Programme

Good
Morning/
Welcome
policy

Strategic approach to raising awareness of ACEs



Strategic approach to raising awareness of ACEs



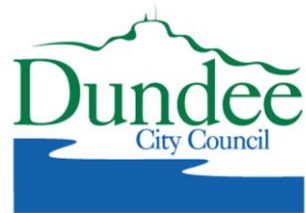
Based on *Strengthening the Foundations of Resilience*, Harvard, 2015; *Wales ACE Survey, 2015*, n=2028, unpublished data

Source: Bellis, M (2016), *Adverse Childhood Experiences, Resilience and Equity - Setting course for a healthier Wales*.

Public Health Wales NHS Trust.

Strategic approach to raising awareness of ACEs

- ▶ Focus on trusted adult
- ▶ Who was your trusted adult?



Partnership approach

- ▶ Education
- ▶ Health
- ▶ Focus at all levels on shared responsibility - we can make the biggest difference together
- ▶ Who are your key partners?



Next steps...

- ▶ Sharing event for senior management across sectors
- ▶ Steering group to widen our scope
- ▶ Building capacity
- ▶ Protective factors across the community
- ▶ Evaluation to track the impact



Reflection

- ▶ Where are you on your journey?
- ▶ What are your next steps?
- ▶ Questions or comments?



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