

A different way of working

27th June 2017

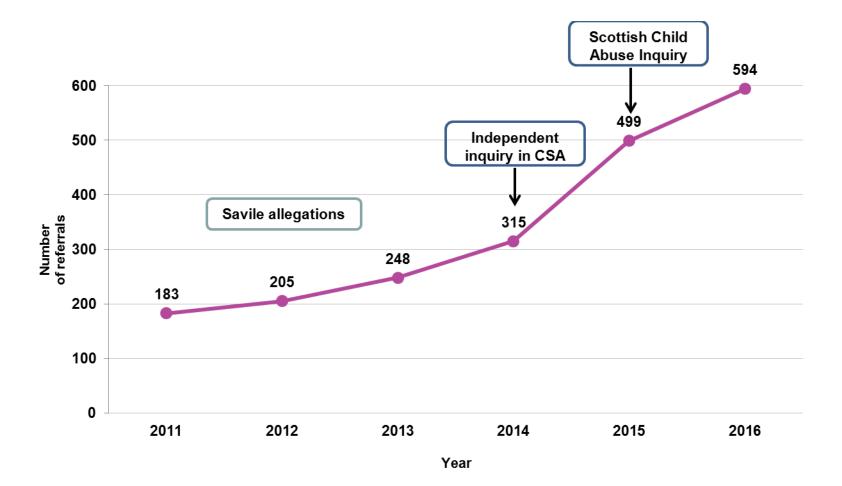


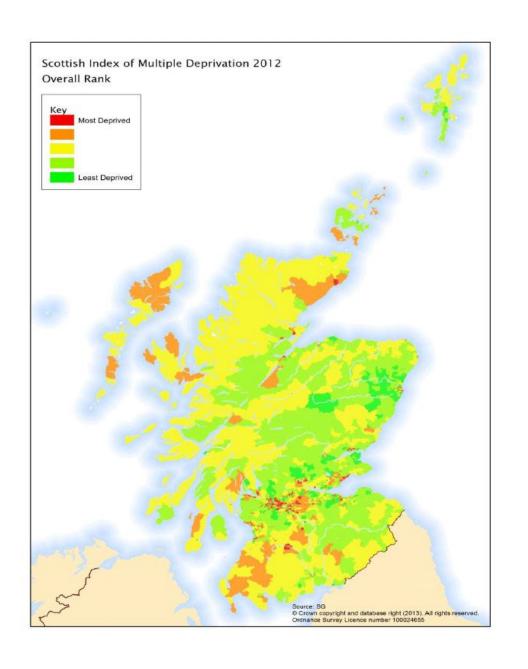


- Two thirds have used psychiatric or psychological services previously
- > one third have attempted to end their life
- > one third have self-harmed
- > two-thirds are taking prescribed medicines
- Half report a serious or recurrent physical disability
- Frequent attenders at GP

In childhood

- Emotional Abuse 84.6%
- Physical Abuse 63.8%
- Sexual Abuse 53.3%
- Physical Neglect 68.6%
- Emotional Neglect 79.8%

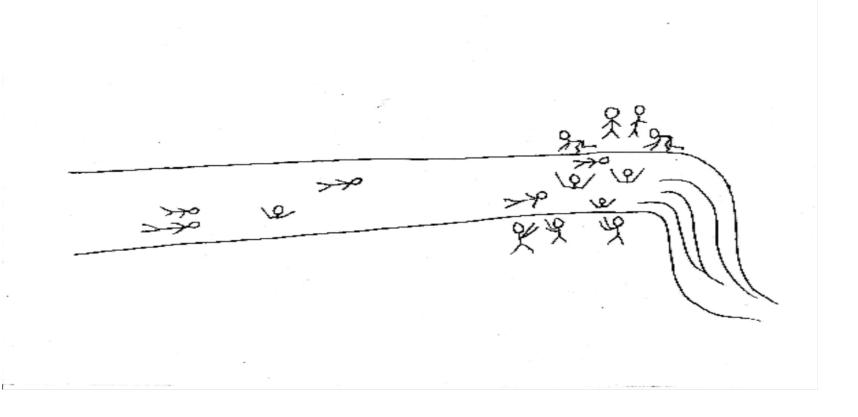




Calum



A public health approach



Across the lifespan



Training



A secure base



Self referral



Drop in



No discharge



Responsive







Dose



Collaborative



Holistic

The Rivers Centre Public-Social Partnership:

- Carr Gomm
- Veterans' First Point
- CAPS Collective Advocacy
- Health in Mind
- NHS Arts Therapies
- Willow Community Justice Centre for Women
- Caledonian, City of Edinburgh Council
- CHAI
- Changes
- Community Intervention Service, City of Edinburgh Council
- Crossreach
- Cyrenians
- Edinburgh Rape Crisis
- Family Support Team
- Gender Based Violence Partnership
- Headroom GP and Primary Care Partnership
- Mentor Scotland
- North East Edinburgh Counselling Service
- Penumbra
- Positive Mental Health
- Stop It Now
- Student Counselling, Heriot Watt University
- Substance Misuse Services, Edinburgh
- Women Supporting Women, Pilton Community Health Project







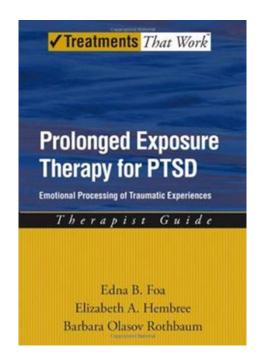
Bio...

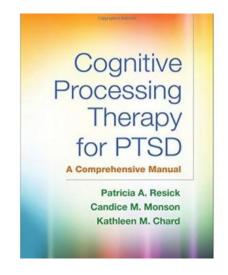




Psycho ...





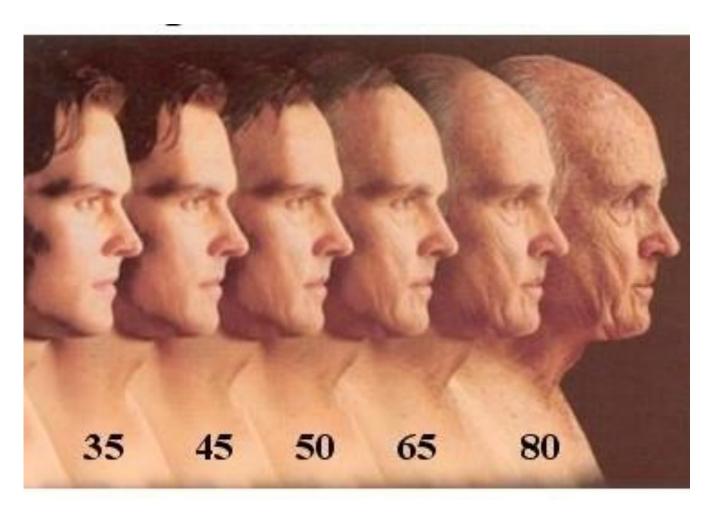


Social ...





Research



Adverse Childhood Experience Survey			
QUESTION	Yes	No	
Did a parent or other adult in the household often or very often Swear at you, insult you, put you down, or humiliate you? or Act in a way that made you afraid that you might be physically hurt?			
Did a parent or other adult in the household often or very often Push, grab, slap, or throw something at you? or Ever hit you so hard that you had marks or were injured?			
Did an adult or person at least 5 years older than you ever Touch or fondle you or have you touch their body in a sexual way? or Attempt or actually have oral, anal, or vaginal intercourse with you?			
Did you often or very often feel that No one in your family loved you or thought you were important or special? or Your family didn't look out for each other, feel close to each other, or support each other?			
Did you often or very often feel that You didn't have enough to eat, had to wear dirty clothes, and had no one to protect you? or Your parents were too drunk or high to take care of you or take you to the doctor if you needed it?			
Were your parents ever separated or divorced?			
Was your mother or stepmother: Often or very often pushed, grabbed, slapped, or had something thrown at her? or Sometimes, often, or very often kicked, bitten, hit with a fist, or hit with something hard? or Ever repeatedly hit over at least a few minutes or threatened with a gun or knife?			
Did you live with anyone who was a problem drinker or alcoholic, or who used street drugs?			
Was a household member depressed or mentally ill, or did a household member attempt suicide?			
Did a household member go to prison?			
Add up your "yes" answers - that's your ACES score			

CHILDHOOD TRAUMA AND BARRIERS TO MENTAL HEALTH CARE

Childhood Trauma Questionnaire: The following questions ask about some of your experiences growing up as a child and a tenager. Although those questions are of a personal nature, please try to answer as honestly as you can. For each question, circle the response that best describes how you feel. Your answers will be kept confidential.

w	hen I was growing up	Never True	Rarely	Sometimes True	Often	Very Ofter True
1.	I didn't have enough to est.	0	1	2	3	4
2.	I knew there was someone to take care of me and protect me.	0	1	2	3	4
3.	People in my family called me things like "stupid," "lazy," or "ugly."	0	1	2	3	4
4.	My parents were too drunk or high to take care of the family.	0	1	2	3	4
5.	There was someone in my family who helped me feel that I was important or special.	0	1	2	3	4
6.	I had to wear dirty clothes.	0	1	2	3	4
7.	I felt loved.	0	1	2	3	4
к.	I thought my parents wished I had never been born.	0	1	2	3	4
9.	I got hit so hard by someone in my family that I had to see a doctor or go to the hospital.	0	1	2	3	4
10.	There was nothing I wanted to change about my family.	0	1	2	3	4
11.	People in my family hit me so hard that it left me with bruises or marks.	0	1	2	3	4
12	I was punished with a belt, a board, a cord, or some other hard object.	0	1	2	3	4
13.	People in my family looked out for each other.	0	1	2	3	4
14	People in my family said hurtful or insulting things to me.	0	1	2	3	4
15.	I believe that I was physically abused.	0	1	2	3	4
16.	I had the perfect childhood.	0	1	2	3	4
17.	I got hit or beaten so badly that it was noticed by someone like a teacher, neighbor, or doctor.	0	1	2	3	4
18.	I felt that someone in my fam ky hated me.	0	1	2	3	4
19.	People in my family felt close to each other.	0	1	2	3	4
20.	Someone tried to touch me in a sexual way, or tried to make me touch them.	0	1	2	3	4
21.	Someone threatened to hurt me or tell lies about me unless I did something uround with them.	0	1	2	3	4
22	I had the best family in the world.	0	1	2	3	4
23.	Someone tried to make me do sexual things or watch sexual things.	0	1	2	3	4
24	Someone molested me.	0	1	2	3	4
25	I believe that I was emotionally abused.	0	1	2	3	4

I-ROC QUESTIONNAIRE ANSWER SHEET

Notes

In the past 3 months... How often have you felt mentally & emotionally healthy, happy and well?

Work and social adjustment scale	Arbejde: Som folge af 0	Site relevant, er ikke på arbejdsmarkedet	10					
(WSAS)		min sygdom er		udfore praktisk (retale regninger)		isempel gare rent,		
Kort - 5 spg.	0 1 Siet äke	Let	Noget	-5 6 Udpræget	7 8 Meget alvorligt, kan like			
	Som folge af				olde tætte relation	ner til familien,		
	8388							
	Slet lide	Let	Noget	Udpræget	Maget alvorligt, kan ikke			
	4. Større sociale sammenhænge: Som falge af min typdom er min evne til at skabe og opretholde tætte relationer uden for den nære fammle forringet.							
	01	2	34	-36	7a			
	Slet like	Let	Noget	Udpræget	Meget alvorligt. kan ikke			
	5. Fritislashkiviteher (sammen med andre): Som filips of min systom or min erne dit at divin bitidisaktiviteter sammen med andre (for eksempel fester, besige venner, tage på udflugter, deltage i sportsaktiviteter sammen med andre) forringet:							
	012145478							
	Slat files	Let	Noget	Udpræget	Meget alvorligt, kan ilike			
	 Fritidsaktiviteter (alene): Som fälge af min syptom er min evne til at gennemføre individuelle fritidsaktivister (för eksempel læte en blog, ordro have, ble eller gå en tur, habbyaktivister) förringet. 							
	0 1	2	3 4	5 6	-7			
	Slat like	Let	Nopet	Udpræget	Maget alvorligt.			



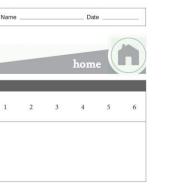
LEC-5

Be over to consider your approach (proving up as well as adulthood) as you go through the let of events.

	Frest	Alappered to Ma	-	Minor P	Pan or my sea	All Alers	Graver's
1	Natural disease (for example, floor), huminate, formale, earthquolog				-	-	-
2	Fire or explosion						
1	Transportation accident (for example, car accident, boat accident, train erack, plane orask)						
£	Services acceptent at work, home, or during recreationed activity						
	Exposure to taxic exhibitions (for express, dangerous chamicals, radiation)						
4	Physical assault (for example, being attacked, left, viseped, list-left, bester upp						
	Assault with a weapon (for example, being short, violated, threatened with a bride, gur, boards)						
	Sexual around (rape, otherspied rape, mode to perform any tipe of execut act through force or throat of forms)						
٠	Other unwanted or unconflutable sexual expensions						
11	Constant or expressors for a new-code (in the methory or an a circlise)						
**	Capitylly (for example, being Kalnapped, abducted, bald hostage, prisoner of ear)						
12	City-threatening times or injury						
112.	Severs human suffering						
54.	Sudden visited doubly for example, homicole, europe;						
116.	Sudden accidental death						
*	Serious injury, horn, or death you conseed to someone also						
St.	Any other very strended event or						

165-9-70(TODIS) Heathers, Bales, Somers, Halpapel, Marx, & Round - Halbard (Anto- for PTSE)









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7 YEARS















